

Career Life Plan



Graduation Requirement

As School Counsellors, we...

Support (S)

School Counsellors support the academic, career connected learning, social and emotional growth, and mental health of students.

Advocate (A)

School Counsellors advocate for students in reaching their goals in a safe and inclusive school environment.

Intervene (I)

School Counsellors intervene when planning and actions are required for improvements in students' academic, career connected learning, social and emotional growth, and mental health.

Lead (L)

School Counsellors, as part of a collaborative school leadership team, help create a school culture of success for all.



SAIL

Career Life Plan

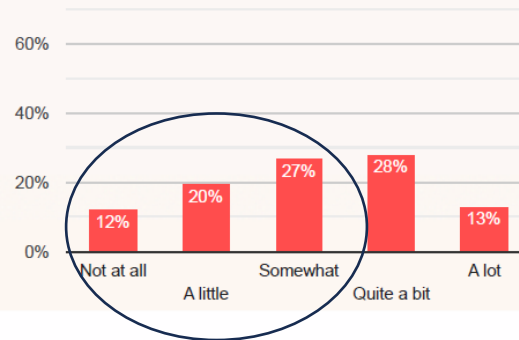
Why?

What?

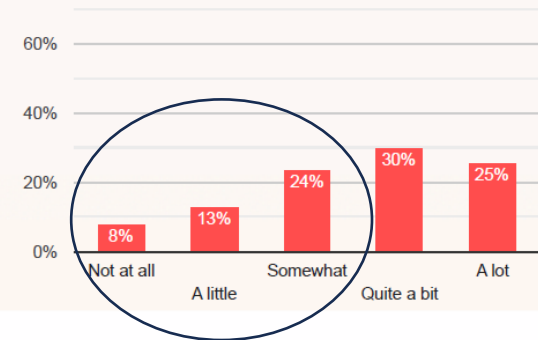
How?

Equitable access to Career Connected Learning?

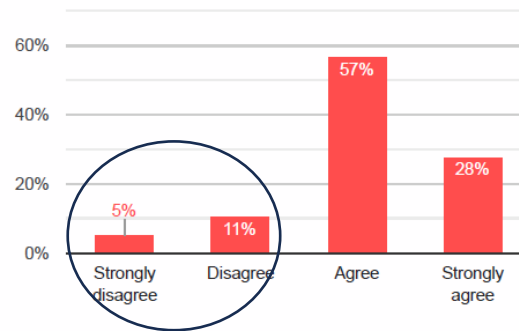
The things I learn at school help me understand the world:



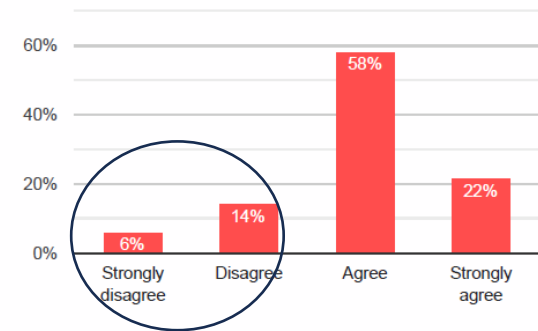
The things I learn at school are important for my future:



I have ideas about different careers I could do after high school:



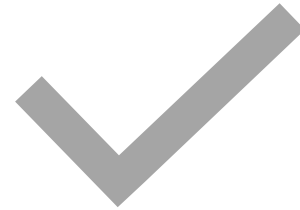
I feel positive about my future:



If each learner leaves your school with a Career Life Plan, what will be the impact?



**Empowerment and
Ownership of the Future**



Opportunities and Access



**Positive Community Impact
and Personal Growth**

Why hope matters...

Hope Theory: **Snyder Framework**

- Goals: Those that anchor their thinking about the future to specific goals are more hopeful.
- Agency: Those that are capable of pursuing goals , who believe in their own capacity, are more hopeful.
- Pathway: Those that can imagine or plan ways to achieve goals step by step along a pathway) are more hopeful.



■ Snyder CR (2003) "Hope Theory: Rainbows in the Mind", Psychological Inquiry 13:249-275.

What is a Career Life Plan?



Comprehensive education, career, and life plan



Flexible in representation, however, has minimum requirements identified



Requires an ongoing and frequent process over grades 9-12 and not a last-minute checklist beginning in grade 12



Intentional and universal learning that supports the new high school experience



Guidance Counsellor Question:

“ How important do you believe adaptability is in your current plan, and why is it essential for your overall well-being?”

“Career describes each learner’s journey through life, learning and work.”

Getting Started:

- Personal Wellness 9
- Cross-curricular opportunities
- Career Connected Learning electives:
 - Career Pathway Design 10
 - Career Connected Experiences (NBVLC)
 - Cooperative Education

[Career-Life-Graduation-Requirement.pdf](#)
[\(nbed.ca\)](#)



What can
you do?

Appendix A:

ROLES AND RESPONSIBILITIES FOR THE CAREER LIFE PLAN GRADUATION REQUIREMENT

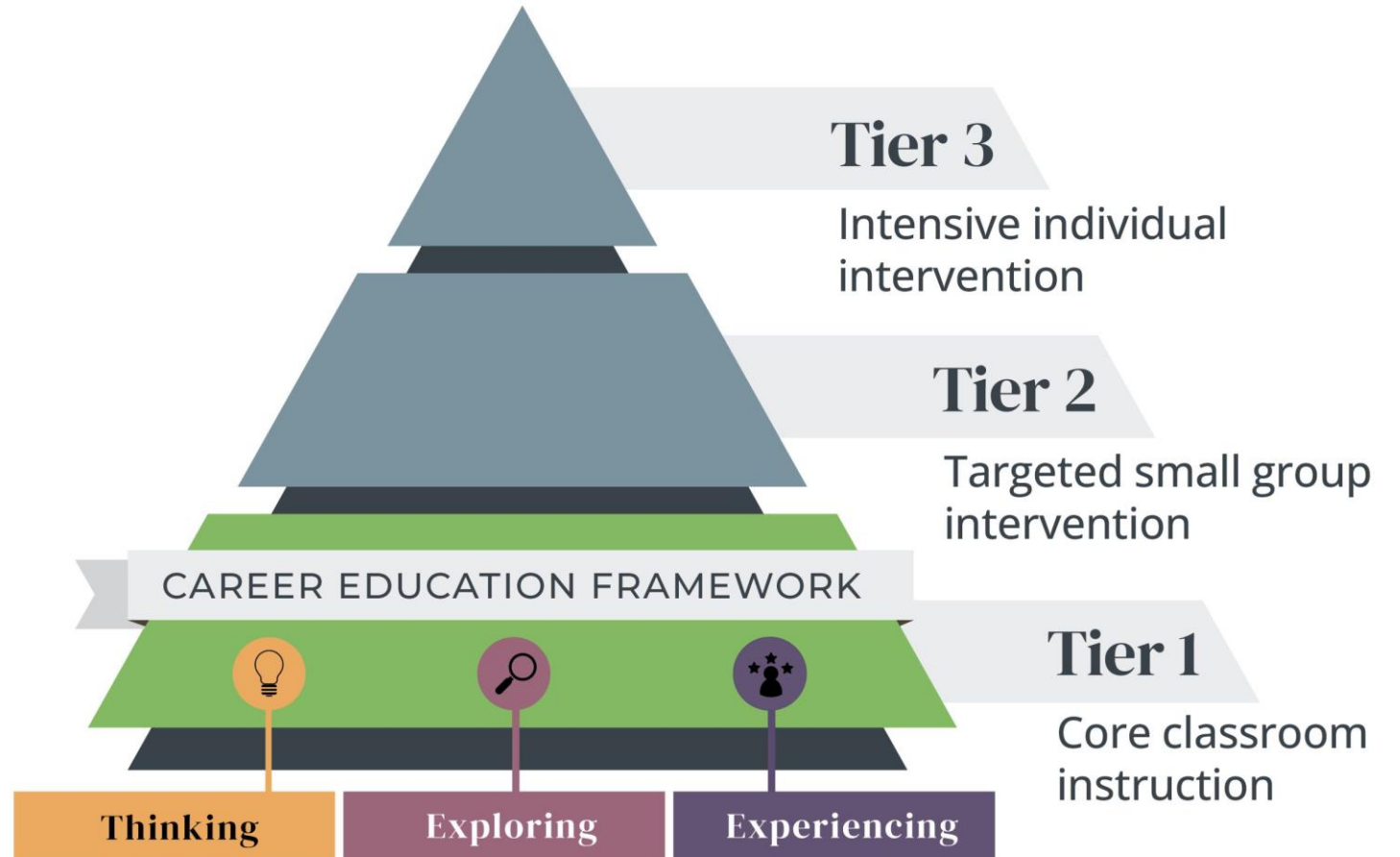
ROLE	RESPONSIBILITIES
ADMINISTRATOR	<p>As the formal leader, the school administrator(s) will need to model and prioritize career pathway transition planning. To support every student in creating the Career Life Plan, the administrator(s) may want to consider the following ideas:</p> <ul style="list-style-type: none"> • Champion the value of career pathway transition planning for all learners • Create the conditions to allow for universal access for all school learners to complete the Career Life Plan • Communicate frequently the importance of ongoing career transition pathway planning with the entire school community (educators, learners, families) • Determine the structure(s) that will support completion of the Career Life Plan. Where and how will the myBlueprint portfolio be completed in each year? (e.g. Homeroom, Personal Wellness, English). • Provide the necessary resources to support implementation • Review and/or assign a designate to sign each student's transcript to confirm successful completion of the graduation requirements, including the Career Life Plan
SCHOOL COUNSELLOR	<p>As a key influencer and champion of Career Connected Learning, mental health and well-being, the school counsellor has a vital role to play.</p> <ul style="list-style-type: none"> • Champion the value of career pathway transition planning for all learners • Support educators as an advocate for Career Connected Learning • Integrate career conversations with each learner they support whenever possible • Hold a final interview/conversation with every grade 12 learner • Assess the completed Career Life Plan in grade 12 for transition • Potentially verify completion and check-off on the student transcript • Provide ongoing scaffolding and support for learners in grades 9-12
EDUCATOR	<p>As someone who engages with the learner on a regular basis, educators have the power to influence and bring Career Connected Learning to life in every class.</p> <ul style="list-style-type: none"> • Champion the value of career pathway transition planning for all learners • Deliver Career Connected Learning activities that allow for completion of grade level Career Life Plan Tasks in the myBlueprint digital portfolio • Review the learners' digital portfolio as part of their instruction and curriculum • Find ways to capitalize and integrate Career Connected Learning into their curriculum, program block, and grade level. • See the Hopeful Transitions Resources & Learning Activities on the website tool and/or the NB Career Education Framework English • Find ways to refer often to the myBlueprint digital portfolio, particularly as it relates to the Career Life Plan • Refer learners who need additional supports while still maintaining what they are doing as the classroom teacher

Considerations for implementation:

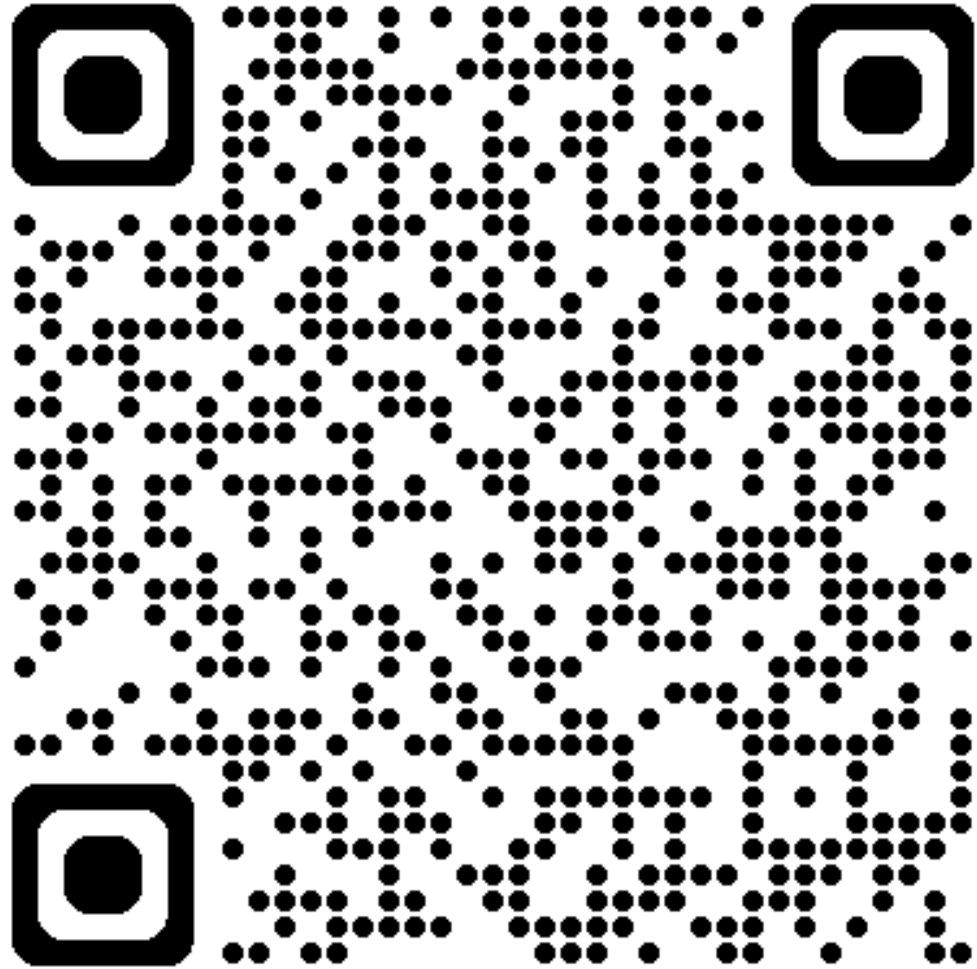
- Create a school-based plan – see the Companion Document for ideas
- Consider your current structure
- Use the supports and resources provided (more to come)
- Refer to the minimum requirements and work backwards for intentional and ongoing support across grades 9-12.
 - Personal Wellness 9 (Career Connected Learning strand)
- Utilize the cross-curricular nature of Career Connected Learning to work collaboratively as a school community
- Leverage Hopeful Transitions and the District Career Transition Coach
- Utilize myBlueprint and the supports provided within the tool

What does it look like when learners are well prepared?

- NB Career Education Framework
- [New Brunswick Career Education Framework “I” Statements \(gnb.ca\)](#)
- [nb-career-education-framework.pdf \(gnb.ca\)](#)

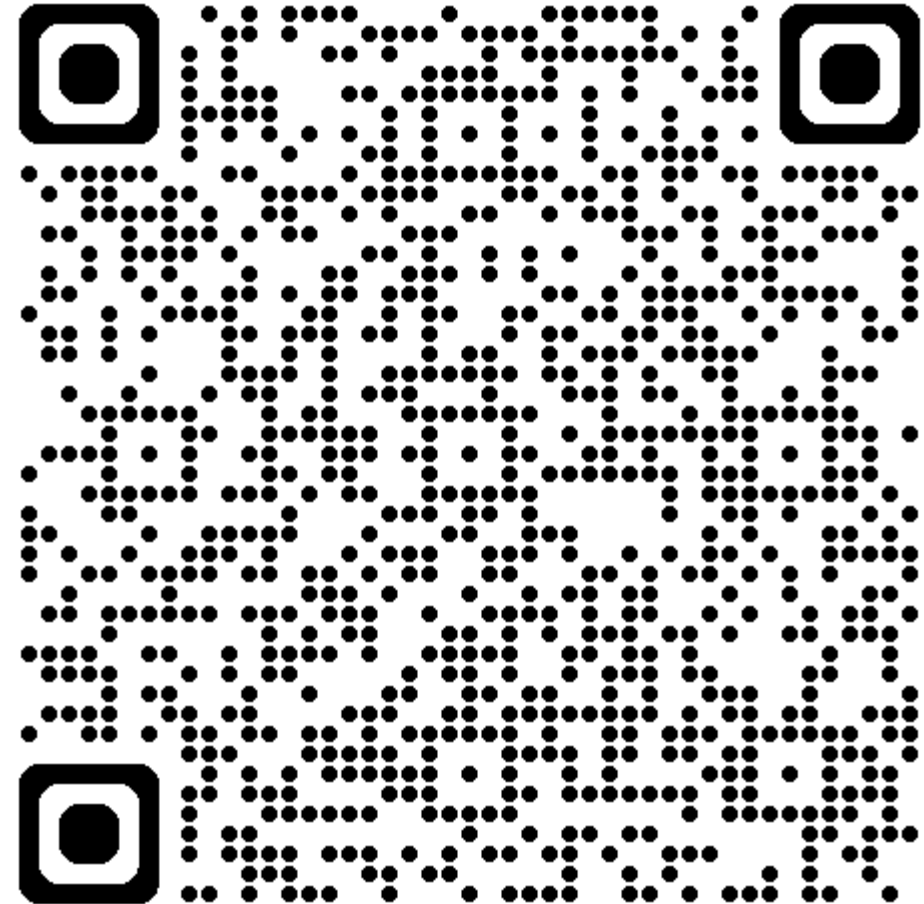


Hopeful
Transitions
[HOPEFUL](#)
[TRANSITIONS](#)
[\(nbed.ca\)](#)



Career Life Plan Quick Start Guide

<https://hopefultransitions.nbed.ca/wp-content/uploads/sites/11/2024/10/Career-Life-Plan-Quick-Start-Guide.pdf>



Career Life Plan: Resource Bundle

- [High School Block - NB Curriculum Framework \(nbed.ca\)](#)
- Sharepoint link to [Resource Bundle](#)

Teaching Plan: Career Life Plan: Getting Started! Lesson 1: Why Do I Need a Career Life Plan?



CAREER CONNECTED LEARNING RESOURCE BUNDLE



Bundle Summary			
Last Updated:	April 26, 2024	Estimated Bundle Minutes:	240 minutes
General Description of Bundle		Bundle Contents	
Essential Question(s):	<p>Why is it important to actively engage in career pathway planning?</p> <p>How can visionary thinking help me to achieve my preferred future?</p> <p>How can setting S.M.A.R.T Goals help me to achieve my preferred future?</p> <p>How can creating a Career Life Plan support me to achieve my preferred future?</p>	<p>Background Information</p> <p>Career Connected Learning Module 1</p> <p>Professional Learning Series Videos and Slides: Series introduction and myBlueprint</p> <p>myBlueprint Education Planner Resources for Educators</p> <p>myBlueprint Education Planner Introduction 2:27 min video resource for educators</p> <p>myBlueprint Navigation Menu video 2:39 min</p> <p>Student Dashboard & Tasks video 2:24 min</p> <p>High School Course Planner video 3:28 sec. Helpful for selecting courses</p> <p>Education Planner: Future Readiness- Who Am I & Career Portfolios video 17:50 min</p>	
<p>Getting Started: Creating a Career Life Plan</p> <p>A Career Life Plan is a comprehensive education, career, and life plan documenting the learning needs, interests, and aspirations, and showcasing the accomplishments of each learner. This resource bundle supports educators to guide students to meaningfully complete the minimum standards for the new Career Life Plan graduation requirement.</p>			

Career Life Plan Companion Document

Career Life Plan

HIGH SCHOOL GRADUATION REQUIREMENT
COMPANION DOCUMENT



CAREER IS THE JOURNEY THROUGH LIFE, LEARNING AND WORK

Description and Rationale

WHAT IS THE PURPOSE OF THIS COMPANION DOCUMENT?

This Companion Document supports schools in guiding learners to meaningfully complete the minimum standards for the new Career Life Plan graduation requirement.

Schools will plan, strategize, communicate, and create systems and collaborative structures to support staff and learners to successfully implement the intended outcomes of the Career Life Plan.

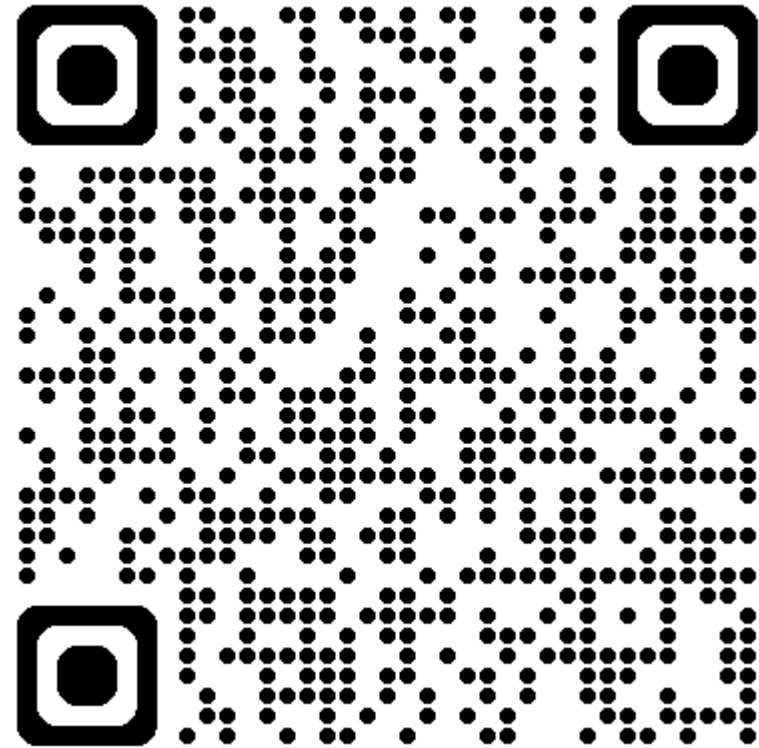
This guide offers ideas and resources to assist schools to implement a structure for supporting career life planning for each learner.

myBlueprint Student Facing Module



[Introduction](#) [Who Am I?](#) [Designing a Life That Matters](#) [Exploring Pathways](#) [Setting Goals](#) [Career Connected Experiential Le](#)

Welcome to your [Career Life Plan Guide](#)



Exemplars

- Using myBlueprint Career Life Plan Tasks (6-12)
- Curriculum Connections
- Homeroom/Advisory

[PL Hub Career Connected Learning](#)

